

Self-Transcendence 3x1 Mile Relay

Organised by Sri Chinmoy AC

Battersea Park, London

Monday 20th July 2015



WINNERS

	Time	Team	1st Runner	2nd Runner	3rd Runner	Cat
1	15.10	Clapham Chasers 1	Bryn Reynolds	James Rosenvinge	Martin Rutter	Reg
2	15.15	Relay Illuminous	Stuart MacDougall	Jonny Johnson	Ronald Gauld	Reg
3	15.16	'West 4 Harriers 1'	Richard Berry	Jim Clark	Steve Woolley	Reg

All Ladies

1	17.53	The Fulham Force	Louise Doherty	Tina Gray	Amy Capper	All Ladies
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Over 50

1	18.30	Team Iwoaar	Peter Clarke	Anthony Austin	Robert Harrison	O/50
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Over 60

1	22.28	Swinging Sixties	Dan Maskell	Alan Davidson	Dennis Williams	O/60
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Over 70

1	26.08	Funlovers 3	Joe Aspinall	Edwin Bartlett	Peter Torre	O/70
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ALL RESULTS BELOW

(Below are the team ranks and times. Individual times are further down)

RESULTS							CAT
	Time	Team	1st Runner	2nd Runner	3rd Runner	Cat	POS

1	15.10	Clapham Chasers 1	Bryn Reynolds	James Rosenvinge	Martin Rutter	Reg	1
2	15.15	Relay Illuminous	Stuart MacDougall	Jonny Johnson	Ronald Gauld	Reg	2
3	15.16	'West 4 Harriers 1'	Richard Berry	Jim Clark	Steve Woolley	Reg	3
4	15.19	Speed Daters	Jon Kyte	Rupert Jacobs	Chris Ore	Reg	4
5	15.25	Inov-8 OCR	Thomas Blanc	Adam Teszke	Ross MacDonald	Reg	5
6	15.27	London Frontrunners A	James Gillanders	Steven Artist	Jonathan Moscrop	Reg	6
7	15.38	The Fulham Flyers	David Lawrence	Duncan Laurence	Alex Zimmerman	Reg	7
8	15.41	Fulham Flying Squad	Thomas Daley	Andrew Stringer	John Devoy	Reg	8
9	15.48	Chetwynd Champions	Natasha Taylor	Lee Reynolds	Matt Carlisle	Reg	9
10	15.57	Golden Eagle	Keiren Santry	Tom Irving	Colin Clifford	Reg	10
11	15.59	'A Heathside Collective'	Rebecca Piggott	Kimon Doulis	Ben Wolfe	Reg	11
12	16.04	West 4 Harriers 3	Adrian Smith	Paul Dunne	Tommy Goodrick	Reg	12
13	16.06	Clapham Pioneers Team 1	Simon Smith	Mark Vickers	Henry Wilson	Reg	13
14	16.14	London Frontrunners B	Ed Holland	Sean McEntee	George O'Neill	Reg	14
15	16.15	Fulham Flyers	Max Tollemache	Charles Craven	Harry Rattray	Reg	15
16	16.15	Three Amigos	Philip Hogg	Martin Ballantyne	Alex Galloway	Reg	16

17	16.18	'West 4 Harriers 2'	Frank Spensley	Paul Caulfield	Dave Cobb	Reg	17
18	16.28	Clapham Pioneers Team 7	Alan Moss	Paul Moran	Anthony Tocco	Reg	18
19	16.29	West London Finest	Steve McDuell	David Brooks	Sat Bhamdal	Reg	19
20	16.54	Herne Hill Harriers	Andrew Grigg	Richard Tricker	Simon Thompson	Reg	20
21	17.07	'Minions'	Kevin James	Tomas Houska	Paul Oxley	Reg	21
22	17.08	Windmilers	James Hamilton	Nayan Mistry	Nathan Andrews	Reg	22
23	17.12	London Frontrunners C	John Keenan	Pan Luong	Gareth Fletcher	Reg	23
24	17.27	One Man Down	Andrew Doig	Damian Ings	Andrew Doig	Reg	24
25	17.28	Fulhams Finest	Leo Palazzuoli	Niall Boylan	Phil Reynolds	Reg	25
26	17.36	Clapham Pioneers Team 8	Daniel Neather	Marcus Fletcher	David Goodman	Reg	26
27	17.41	London Frontrunners D	Andy Atkins	Will Parry	Jan Gruter	Reg	27
28	17.44	Team Iwoaar B	Chris Hogg	Emi Lehane	Peter Clarke	Reg	28
29	17.44	London Frontrunners E	Peter Luckham	Evan Gillogley	Lloyd Meredith	Reg	29
30	17.48	Harrow AC (Old and New Boys)	Laurence Edwards	Christopher Morris	Tom Morris	Reg	30
31	17.53	The Fulham Force	Louise Doherty	Tina Gray	Amy Capper	All Ladies	1
32	18.04	Road To Sub 20	Tom Ferguson	Mark Isham	Adrian Dracup	Reg	31
33	18.06	Clapham Chasers 2	Katie Kedward	Diana Kreica	Gaby Carnwath	All Ladies	2
34	18.14	Ealing Pidgeons	Stefan Chybowski	Paul Peasegood	Ben Cale	Reg	32
35	18.20	'Millbank Runners'	Jonathon Lines	Andrew Wallace	Johnny Amos	Reg	33
36	18.22	Fulham Boggis, Bunce & Beans	Henri Placeu	Andrew Han	Chris Cooper	Reg	34
37	18.23	Clapham Pioneers Team 3	Will Cook	Paul Prentice	Miles Ward	Reg	35
38	18.24	Clapham Pioneers Team 9	Jaro Prokof	Anneka Dew	Will Car	Reg	36
39	18.27	London Frontrunners Ladies	Alex Baird	Nadia Wilkinson	Jen Green	All Ladies	3
40	18.28	Clapham Chasers 4	Daniel Walker	Sam Burne James	Emma Prentis	Reg	37
41	18.30	Team Iwoaar	Peter Clarke	Anthony Austin	Robert Harrison	O/50	1
42	18.31	Wing It	Lorraine Smyth	Paul Hunt	Andrea Sanders-Reece	Reg	38
43	18.47	London Frontrunners F	Simon Mac	Alex Randall	Chris Smith	Reg	39
44	19.01	Eagals	Jennifer Watt	Lydia O'Donoghue	Naomi White	All Ladies	4
45	19.01	Clapham Chasers 7	Stephanie Davies	Alex Ferrario	Amanda Wratten	Reg	40
46	19.05	Serpentine	Tom Poynton	Pete Macintosh	Simon Watts	Reg	41
47	19.05	Clapham Chasers 10	Graham Sutherland	Charlotte Healy	John Boyd	Reg	42
48	19.10	Clapham Chasers 8	Andrew Milne	Joanna Muddle	Nicky Osborne	Reg	43
49	19.12	Clapham Chasers 3	Christian Moxon	Ruth Gloster	Philip Logoreci	Reg	44
50	19.25	Fulham Fry-Ups	Philip Hickson	Simon Clarkson	Richard Morris	Reg	45
51	19.44	London Frontrunners G	Richard Cristina	Jerome Belliard	Gordon Adams	Reg	46
52	19.49	Clapham Chasers 9	Steven Pidgeon	Niall Alexander	Leanne Meredith	Reg	47
53	19.59	Clapham Chasers 5	Clement Sicart	Hannah Lacey	Gemma Brierley	Reg	48
54	20.02	Clapham Chasers 6	Gary Salmon	Sarah Frodsham	Sophie Oliver	Reg	49
55	20.12	Collingwood	John Armstrong	Tim Gray	Annette Helliwell	Reg	50
56	20.40	Three's A Crowd	Adam Williams	Karen Farley	Annette Scholtz	Reg	51
57	20.45	Hunter	Pete Spencer	Madeleine Spencer	Philip Hunter	Reg	52
58	20.54	Indigando Bolsheviks	David Renton	Ian Stone	Amy Gilligan	Reg	53
59	20.56	London Frontrunners H	Peter Hannam	Cristian Duran	Robert Gill	Reg	54
60	21.52	Make Shifts	Jason Swards	Ann Bath	Cat Sales	Reg	55
61	21.58	Fulham Fatale	Julia James	Sophie Kirk	Myriam Tiec	All Ladies	5
62	22.00	Clapham Pioneers Team 4	Cloda Delahunty	Stephanie Lynham	Jamie Durham	Reg	56

63	22.06	Fulham Vet Set	John Grigg	Richard Burne	Iluk Han	O/50	2
64	22.19	Clapham Pioneers Team 2	Sarah Nescott	Claire Parkinson	Kirstie Norgate	All Ladies	6
65	22.28	Swinging Sixties	Dan Maskell	Alan Davidson	Dennis Williams	O/60	1
66	22.51	Clapham Pioneers Team 6	Gisela Carr	Nadine Lee	Anna Pringle	All Ladies	7
67	23.06	Fulham Floozies	Lucy Harris	Judith Clarkson	Emmie Middleton	All Ladies	8
68	23.21	Clapham Pioneers Team 5	Ben Daly	Elizabeth Moore	Eimear Hale	Reg	57
69	24.02	Astral Prjections	Steve Satchell	John Pratt	William Harvey	O/60	2
70	26.08	Funlovers 3	Joe Aspinall	Edwin Bartlett	Peter Torre	O/70	1

Individual Times:

M/F	Time	Runner	Team
M	4.48	Matt Carlisle	Chetwynd Champions
M	4.52	Jonny Johnson	Relay Illuminous
M	4.54	Bryn Reynolds	Clapham Chasers 1
M	4.56	Ross MacDonald	Inov-8 OCR
M	4.57	Colin Clifford	Golden Eagle
M	4.58	Lee Reynolds	Chetwynd Champions
M	4.58	Alex Galloway	Three Amigos
M	4.59	Richard Berry	'West 4 Harriers 1'
M	5.00	David Lawrence	The Fulham Flyers
M	5.00	Steve Woolley	'West 4 Harriers 1'
M	5.01	Ronald Gauld	Relay Illuminous
M	5.02	Steven Artist	London Frontrunners A
M	5.04	Thomas Daley	Fulham Flying Squad
M	5.04	Duncan Laurence	The Fulham Flyers
M	5.04	Ben Wolfe	'A Heathside Collective'
M	5.05	Alan Moss	Clapham Pioneers Team 7
M	5.05	James Gillanders	London Frontrunners A
M	5.06	Clement Sicart	Clapham Chasers 5
M	5.06	Jon Kyte	Speed Daters
M	5.06	Rupert Jacobs	Speed Daters
M	5.06	Martin Rutter	Clapham Chasers 1
M	5.07	Chris Ore	Speed Daters
M	5.07	Simon Thompson	Herne Hill Harriers
M	5.10	James Rosenvinge	Clapham Chasers 1
M	5.10	Henry Wilson	Clapham Pioneers Team 1
M	5.11	Laurence Edwards	Harrow AC (Old and New Boys)
M	5.13	Simon Smith	Clapham Pioneers Team 1
M	5.13	Marcus Fletcher	Clapham Pioneers Team 8
M	5.13	Adam Teszke	Inov-8 OCR
M	5.14	Peter Clarke	Team Iwoaar
M	5.14	Adrian Smith	West 4 Harriers 3
M	5.16	Thomas Blanc	Inov-8 OCR
M	5.16	Dave Cobb	'West 4 Harriers 2'
M	5.16	John Devoy	Fulham Flying Squad
M	5.17	Max Tollemache	Fulham Flyers

M	5.17	Jim Clark	'West 4 Harriers 1'	
M	5.18	Steve McDuell	West London Finest	
M	5.18	Ed Holland	London Frontrunners B	
M	5.18	Tommy Goodrick	West 4 Harriers 3	
M	5.19	Harry Rattray	Fulham Flyers	
M	5.20	Nathan Andrews	Windmilers	
M	5.20	Jonathan Moscrop	London Frontrunners A	
M	5.21	Andrew Stringer	Fulham Flying Squad	
M	5.22	Andrew Grigg	Herne Hill Harriers	
M	5.22	Stuart MacDougall	Relay Illuminous	
M	5.22	John Keenan	London Frontrunners C	
M	5.23	Kimon Doulis	'A Heathside Collective'	
M	5.23	Sean McEntee	London Frontrunners B	
M	5.24	Anthony Tocco	Clapham Pioneers Team 7	
M	5.26	Andrew Milne	Clapham Chasers 8	
M	5.26	Tom Irving	Golden Eagle	
M	5.27	Paul Oxley	'Minions'	
M	5.29	Paul Caulfield	'West 4 Harriers 2'	
M	5.30	David Renton	Indigando Bolsheviks	
M	5.30	Sat Bhamdal	West London Finest	
M	5.31	John Armstrong	Collingwood	
F	5.32	Rebecca Piggott	'A Heathside Collecti	Fastest Lady
M	5.32	Paul Dunne	West 4 Harriers 3	
M	5.33	Graham Sutherland	Clapham Chasers 10	
M	5.33	Frank Spensley	'West 4 Harriers 2'	
M	5.33	Martin Ballantyne	Three Amigos	
M	5.33	George O'Neill	London Frontrunners B	
M	5.34	Keiren Santry	Golden Eagle	
M	5.34	Alex Zimmerman	The Fulham Flyers	
M	5.35	Tom Ferguson	Road To Sub 20	
M	5.35	Evan Gillogley	London Frontrunners E	
F	5.36	Gaby Carnwath	Clapham Chasers 2	2nd Fastest Lady
M	5.36	Peter Clarke	Team Iwoaar B	
M	5.37	Adam Williams	Three's A Crowd	
M	5.37	Miles Ward	Clapham Pioneers Team 3	
M	5.37	Phil Reynolds	Fulhams Finest	
M	5.38	Daniel Walker	Clapham Chasers 4	
M	5.39	Andrew Doig	One Man Down	
M	5.39	Charles Craven	Fulham Flyers	
M	5.40	Alex Ferrario	Clapham Chasers 7	
M	5.40	Will Parry	London Frontrunners D	
M	5.41	Kevin James	'Minions'	
M	5.41	David Brooks	West London Finest	
M	5.42	James Hamilton	Windmilers	
F	5.43	Katie Kedward	Clapham Chasers 2	3rd Fastest Lady
M	5.43	Christian Moxon	Clapham Chasers 3	

M	5.43	Mark Vickers	Clapham Pioneers Team 1
M	5.44	Philip Hogg	Three Amigos
M	5.44	Daniel Neather	Clapham Pioneers Team 8
M	5.47	Gareth Fletcher	London Frontrunners C
M	5.48	Paul Hunt	Wing It
M	5.48	Damian Ings	One Man Down
M	5.49	Ben Cale	Ealing Pidgeons
M	5.50	Jaro Prokof	Clapham Pioneers Team 9
F	5.50	Tina Gray	The Fulham Force
F	5.52	Louise Doherty	The Fulham Force
M	5.54	Gary Salmon	Clapham Chasers 6
M	5.55	Leo Palazzuoli	Fulhams Finest
M	5.56	Sam Burne James	Clapham Chasers 4
M	5.56	Niall Boylan	Fulhams Finest
M	5.57	Jonathon Lines	'Millbank Runners'
M	5.58	Chris Cooper	Fulham Boggis, Bunce & Beans
M	5.59	Philip Hickson	Fulham Fry-Ups
M	5.59	Tomas Houska	'Minions'
M	5.59	Paul Moran	Clapham Pioneers Team 7
M	5.59	Jan Gruter	London Frontrunners D
M	6.00	Chris Hogg	Team Iwoaar B
M	6.00	Tom Poynton	Serpentine
M	6.00	Christopher Morris	Harrow AC (Old and New Boys)
M	6.00	Andrew Doig	One Man Down
M	6.01	Richard Morris	Fulham Fry-Ups
M	6.01	Will Car	Clapham Pioneers Team 9
M	6.02	Steven Pidgeon	Clapham Chasers 9
F	6.02	Natasha Taylor	Chetwynd Champions
M	6.02	Andy Atkins	London Frontrunners D
M	6.02	Adrian Dracup	Road To Sub 20
M	6.03	Pan Luong	London Frontrunners C
M	6.04	Will Cook	Clapham Pioneers Team 3
M	6.04	Lloyd Meredith	London Frontrunners E
M	6.05	Peter Luckham	London Frontrunners E
F	6.05	Jen Green	London Frontrunners Ladies
F	6.06	Jennifer Watt	Eagals
M	6.06	Stefan Chybowski	Ealing Pidgeons
M	6.06	Nayan Mistry	Windmilers
M	6.06	Iluk Han	Fulham Vet Set
M	6.07	Andrew Han	Fulham Boggis, Bunce & Beans
F	6.08	Lorraine Smyth	Wing It
F	6.08	Nadia Wilkinson	London Frontrunners Ladies
F	6.08	Emi Lehane	Team Iwoaar B
M	6.08	Chris Smith	London Frontrunners F
M	6.09	Andrew Wallace	'Millbank Runners'
F	6.11	Lydia O'Donoghue	Eagals

F	6.11	Amy Capper	The Fulham Force
F	6.12	Stephanie Davies	Clapham Chasers 7
F	6.14	Alex Baird	London Fronrunners Ladies
M	6.14	Johnny Amos	'Millbank Runners'
M	6.15	Jerome Belliard	London Fronrunners G
M	6.16	Jason Swards	Make Shifts
M	6.17	Henri Placeu	Fulham Boggis, Bunce & Beans
F	6.17	Ruth Gloster	Clapham Chasers 3
M	6.17	John Boyd	Clapham Chasers 10
M	6.19	Simon Mac	London Fronrunners F
M	6.19	Paul Peasegood	Ealing Pidgeons
M	6.20	Pete Spencer	Hunter
M	6.20	Alex Randall	London Fronrunners F
M	6.24	Pete Macintosh	Serpentine
F	6.25	Sophie Kirk	Fulham Fatale
M	6.25	Richard Tricker	Herne Hill Harriers
M	6.27	Mark Isham	Road To Sub 20
M	6.30	Cristian Duran	London Fronrunners H
M	6.31	Philip Hunter	Hunter
M	6.32	Robert Harrison	Team Iwoaar
F	6.33	Anneka Dew	Clapham Pioneers Team 9
F	6.33	Karen Farley	Three's A Crowd
F	6.34	Leanne Meredith	Clapham Chasers 9
F	6.35	Andrea Sanders-Reece	Wing It
M	6.37	Tom Morris	Harrow AC (Old and New Boys)
F	6.39	Joanna Muddle	Clapham Chasers 8
M	6.39	David Goodman	Clapham Pioneers Team 8
M	6.41	Simon Watts	Serpentine
M	6.41	Gordon Adams	London Fronrunners G
M	6.42	Paul Prentice	Clapham Pioneers Team 3
M	6.42	Jamie Durham	Clapham Pioneers Team 4
M	6.44	Anthony Austin	Team Iwoaar
F	6.44	Naomi White	Eagals
F	6.47	Diana Kreica	Clapham Chasers 2
M	6.48	Richard Cristina	London Fronrunners G
F	6.51	Lucy Harris	Fulham Floozies
F	6.54	Emma Prentis	Clapham Chasers 4
F	6.56	Sophie Oliver	Clapham Chasers 6
F	6.57	Cat Sales	Make Shifts
M	7.03	Ben Daly	Clapham Pioneers Team 5
M	7.05	Peter Hannam	London Fronrunners H
F	7.05	Nicky Osborne	Clapham Chasers 8
F	7.07	Cloda Delahunty	Clapham Pioneers Team 4
F	7.09	Amanda Wratten	Clapham Chasers 7
F	7.12	Sarah Frodsham	Clapham Chasers 6
M	7.12	Philip Logoreci	Clapham Chasers 3

M	7.13	Niall Alexander	Clapham Chasers 9
F	7.13	Kirstie Norgate	Clapham Pioneers Team 2
M	7.14	Steve Satchell	Astral Prjections
F	7.15	Charlotte Healy	Clapham Chasers 10
F	7.16	Claire Parkinson	Clapham Pioneers Team 2
M	7.19	Tim Gray	Collingwood
M	7.21	Robert Gill	London Frontrunners H
M	7.22	Dan Maskell	Swinging Sixties
F	7.22	Gemma Brierley	Clapham Chasers 5
F	7.22	Annette helliwell	Collingwood
M	7.24	Alan Davidson	Swinging Sixties
M	7.25	Simon Clarkson	Fulham Fry-Ups
F	7.25	Myriam Tiec	Fulham Fatale
F	7.25	Amy Gilligan	Indigando Bolsheviks
F	7.26	Gisela Carr	Clapham Pioneers Team 6
F	7.31	Hannah Lacey	Clapham Chasers 5
F	7.36	Anna Pringle	Clapham Pioneers Team 6
M	7.42	Dennis Williams	Swinging Sixties
F	7.44	Emmie Middleton	Fulham Floozies
F	7.45	Eimear Hale	Clapham Pioneers Team 5
F	7.49	Nadine Lee	Clapham Pioneers Team 6
F	7.50	Sarah Nescott	Clapham Pioneers Team 2
M	7.54	John Grigg	Fulham Vet Set
F	7.54	Madeleine Spencer	Hunter
M	7.59	Ian Stone	Indigando Bolsheviks
M	8.06	Richard Burne	Fulham Vet Set
F	8.08	Julia James	Fulham Fatale
M	8.08	John Pratt	Astral Prjections
M	8.10	Joe Aspinall	Funlovers 3
F	8.11	Stephanie Lynham	Clapham Pioneers Team 4
F	8.30	Annette Scholtz	Three's A Crowd
F	8.31	Judith Clarkson	Fulham Floozies
F	8.33	Elizabeth Moore	Clapham Pioneers Team 5
F	8.39	Ann Bath	Make Shifts
M	8.40	William Harvey	Astral Prjections
M	8.43	Peter Torre	Funlovers 3
M	9.15	Edwin Bartlett	Funlovers 3