

Sri Chinmoy Iron Cove 7 km Run

Iron Cove, Lilyfield : 11 Sep 2016

85 Runners

Male Under 50 : 28 Runners : 7 Kms

Place	No.	Name	Time	Time Dif
1	433	Nic Bailey	25:10	
2	437	John Tucker	25:33	0:23
3	434	Marc Person	26:56	1:46
4	444	Geoff Millar	27:06	1:56
5	430	Martin Amy	27:34	2:24
6	405	Tim Owen	27:46	2:36
7	417	Newton Soares	27:48	2:38
8	427	David Winning	27:52	2:42
9	412	Ken Wong	28:34	3:24
10	424	Karl Keating	28:39	3:29
11	442	Moses Rubal	30:06	4:56
12	425	Damian Speziali	30:11	5:01
13	422	Philip Partridge	30:34	5:24
14	431	Philip Martin	31:26	6:16
15	441	Chris Lewis	33:41	8:31
16	429	Jerremy Windeyer	33:52	8:42
17	426	Linc Smith	34:37	9:27
18	439	Kenichiro Noda	35:45	10:35
19	432	Rick Truong	35:56	10:46
20	443	Paris George	36:27	11:17
21	416	John Woods	37:36	12:26
22	445	Andy Beverage	38:07	12:57
23	419	Robin Fernandes	39:28	14:18
24	435	Carter Clifton	39:34	14:24
25	420	Mathew Dwyer	39:38	14:28
26	436	Ray Cheng	45:08	19:58
27	438	Michael Thorn	46:17	21:07
28	440	Inderjit Baira	49:10	24:00

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Male 50-59 : 5 Runners : 7 Kms

Place	No.	Name	Time	Time Dif	
1	545	Richard Sarkies	25:24		
2	543	Mike Mannix	33:22	7:58	
3	544	Mark Southeron	34:59	9:35	
4	547	Marc Jarman	37:57	12:33	
5	541	John Saywell	1:01:48	36:24	

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Male 60-69 : 7 Runners : 7 Kms

Place	No.	Name	Time	Time Dif	
1	576	Brian Radburn	32:08		
2	578	Bruce John Flaherty	33:51	1:43	
3	577	Rob Ellis	34:48	2:40	
4	573	Ric Bless	36:25	4:17	
5	575	John Bowman	39:36	7:28	
6	572	Robert Montgomery	52:55	20:47	
7	574	Ron Briggs	1:01:40	29:32	

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Male 70+ : 2 Runners : 7 Kms

Place	No.	Name	Time	Time Dif	
1	591	David Iverach	32:06		
2	592	Philip Clifton	41:01	8:55	

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Female Under 50 : 37 Runners : 7 Kms

Place	No.	Name	Time	Time Dif
1	652	Lilian Molesworth	28:08	
2	645	Megan Hasick	30:20	2:12
3	649	Melissa Selby	30:30	2:22
4	646	Kathryn Bolitho	30:39	2:31
5	604	Leonie Montgomery	31:19	3:11
6	650	Julie Crawford	32:20	4:12
7	655	Joanna Crawford	32:39	4:31
8	632	Renee Kramer	33:44	5:36
9	615	Shelley Yuting Zhang	35:43	7:35
10	635	Eiko Southeron	36:13	8:05
11	624	Ishka Bless	36:23	8:15
12	638	Kellie McDonald	36:33	8:25
13	601	Pei Kong	36:43	8:35
14	631	Natalie Scott	36:58	8:50
15	648	Luisa Martin	37:07	8:59
16	654	Andrea Ayala-Schnell	37:38	9:30
17	614	Ruth McCrudden	38:19	10:11
18	633	Rebecca Scott	38:49	10:41
19	612	Emma Trehay	39:06	10:58
20	641	Rebecca Neylan	39:49	11:41
21	621	Samantha Miller	39:53	11:45
22	625	Rebecca Moyers	40:17	12:09
23	636	Charlotte Woods	40:27	12:19
24	656	Alison Barnes	41:08	13:00
25	639	Josie Ryan	42:08	14:00
26	653	Terrie Hayter	42:17	14:09
27	620	Gillian Lavery	42:21	14:13
28	619	Louise Mayhew	42:23	14:15
29	637	Pilar Lopez	42:45	14:37
30	603	Jaede Williams	42:56	14:48
31	630	Michelle Chen	43:03	14:55
32	628	Amberley Moore	44:01	15:53
33	607	Alison Newitt	45:05	16:57
34	617	Jessica Welch	45:38	17:30
35	640	Tirakhan Logan	48:17	20:09
36	647	Rosemary Hicks	49:09	21:01
37	642	Joanne Lowe	57:12	29:04

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Female 50-59 : 3 Runners : 7 Kms

Place	No.	Name	Time	Time Dif	
1	774	Lianne Christall	38:58		
2	773	Linda Boland	39:25	0:27	
3	772	Jane Waterhouse	54:42	15:44	

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Female 60-69 : 3 Runners : 7 Kms

Place	No.	Name	Time	Time Dif	
1	793	Kerry Wilson	38:03		
2	791	Shirley Dalton	42:24	4:21	
3	792	Frances Bowman	51:32	13:29	