

To make the fastest progress,
Enthusiasm must come first
In your life!

Sri Chinmoy

POSITION	First Name	Last Name	Gender	Time	
1	Adam	Whittaker	M	00:36:33	1st - CR
2	Chris	Mills	M	00:38:38	2nd
3	Robert	Sims	M	00:39:13	3rd
4	Wayne	Williams	M	00:39:19	
5	Thomas	Miller	M	00:43:00	
6	Sam	Phelps	M	00:44:07	
7	Andy	Forshaw	M	00:44:21	
8	Nathan	Irwin	M	00:44:28	
9	Joe	Rees	M	00:44:29	
10	Ben	Taylor	M	00:45:40	
11	Trajan	Seymour	M	00:46:19	
12	Scott	Farrer	M	00:46:20	
13	Tamsin	Chick	F	00:47:10	1st
14	christian	willis	M	00:47:48	
15	Alessio	Tarantino	M	00:47:50	
16	Neill	Bird	M	00:47:51	
17	Sally	Sims	F	00:48:05	2nd
18	Megan	Edwards	F	00:48:35	3rd
19	Polly	Taylor	F	00:49:56	
20	Alexander	Robinson	M	00:50:25	
21	Roger	Doxsey	M	00:50:40	
22	Luke	Dalmedo	M	00:50:44	
23	Chelsea	Dickinson	F	00:51:21	
24	Ingrid	Broadbent	F	00:51:38	
25	Sara	Vogan	F	00:52:04	
26	Tom	Palmer	M	00:52:28	
27	sarah	edwards	F	00:53:06	
28	Hannah	Stephens	F	00:53:20	
29	Cecile	Garaygay	F	00:55:24	
30	Jon	Walsh	M	00:56:26	
31	Linda	Joynes	F	00:56:34	
32	Aniela	Zylinski	F	01:05:17	
33	Katrina	James	F	01:06:01	
34	Melanie	Wedgbury	F	01:09:21	
35	Amanda	Ruston	F	01:20:51	